

Frye Island News Service

VOLUME 2006, ISSUE 12

JULY 14, 2006

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FRYE ISLAND DIRECTORY

It's that time again when we ask folks to stop by the office and let us know about any updates or additions/deletions to our Frye Island Directory. Please let us know by July 15, 2006 so we may publish a 2006 Directory.

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Important Information

Town of Frye Island

1 Sunset Road
Frye Island, ME 04071
Phone: 207-655-4551
Fax: 207-655-3422
Email: office@fryeisland.com
Web site: www.fryeisland.com
Town Manager: Wayne Fournier

Office Hours

Tuesday thru Saturday: 9:00 AM – 3:00 PM
Sunday & Monday: Closed

Code Enforcement Officer (Paul White)

Tuesday thru Fridays 9:00 AM – 3:00 PM.

Fire, Medical, or Police Emergencies – Call 911

Non-emergencies

Frye Island Police: 207-655-2600
Email: wilgetm@maine.rr.com
Fire Department: 207-655-8618

Vandalism on Frye Island

Do you know what your children are up to?
Recently, there has been some vandalism to the stakes that represent the locations of water valves along the roadside. These have been removed, or broken. Tampering with the water system is a federal offense. We advise that every household take the time to make this notation to their family members. We appreciate your prompt attention to this matter.

Beavers

We are currently setting traps at Quail Circle and the Island Road area to remove the beaver population. Live trappings are taking place, and the beavers are being removed and brought to a location off the Island. Their dens and dams will be removed, but this process will take some time. Please be considerate, and for you child's safety, don't let your children play in this area. Your patience and understanding is greatly appreciated.

Frye Island News Service

Editor: Lisa Kerrigan, Deborah Edwards
Email: lkerrigan@fryeisland.com
Submission deadline:
Wednesday, 3:00 PM - **No Exceptions**

Transfer Station

High Season Operating Hours

Wednesday: 10:00AM – 3:00PM

Saturday: 10:00AM – 3:00PM

Sunday: 12 Noon – 5:00PM

Holiday weekends: Closed Sundays, open Mondays

During high season the Transfer Station can be open on closed days by appointment only, between 8am to 3pm.

To set up a Transfer Station opening please call the Public Works Garage at 655-7493 or the office at 655-4551 (please try to call the day before)

Thank you, Your Public Works Department

Pool Gates and Marina Bathrooms

The pool gates and Marina bathrooms will be locked everyday at dusk.

From the Code Enforcement Officer

Building Permits are required for the following:

- New structures *
- Additions to existing structures *
- Renovations to existing structures (interior and exterior) *

Normal maintenance to a structure does not require a permit. If in doubt call the Code Office @ 655-4551 or email pwhite@fryeisland.com

* Definition of a structure – A building and/or improvements to real property, including paved surfaces. (Pursuant to Chapter 101 Land Use Ordinance Article I Zoning Ordinance Section 101 I 2.Definitions).



Town News

Island Manager's Comments

Greetings Everyone,

Ferry: Unfortunately, we have had another problem with the ferries. Fortunately, it happened while the ferry was at the dock on the mainland. On Sunday afternoon our ferry Captain heard a tapping sound coming from the port engine on the Leisure Lady during the loading process. He immediately shut the engine down which undoubtedly minimized the amount of damage to the engine. On Monday we were able to get a diesel mechanic in to disassemble the engine and evaluate the problem. He determined that a valve spring had broken resulting in damage to the valve and piston. The head was sent out to be evaluated and new parts were ordered. Because our employees and the mechanics worked very well together, we were able to expedite the repairs and get the ferry running again by Thursday. Again, we had long ferry lines at times because we could only operate one ferry. We apologize for any inconvenience this created, but it certainly tends to emphasize how vulnerable we are when it comes to the ferry service.

In an earlier issue of the FINS, the Transportation Committee offered an article entitled "The ferry is our lifeline". The thought continues:

"THE FERRY IS OUR LIFELINE (Continued...)"

Currently, the barge type Ferry we use is our only way on and off the island. Perhaps we should take a minute and consider what a day; a week, a month, or a whole season would be like on Frye Island without the ferry service. We would only be able to get on and off the island by private boat, but where would we park our cars on the mainland? The ferry road would not be available, because that area would be needed for the vehicles and equipment needed to repair the ferry system. The answer is that all of us would be on our own. A pretty scary thought, don't you think? The value of our property and the enjoyment we have on the island is dependant upon our ability to access them.

The question is should we be considering an alternate system to access Frye Island? The main benefits of an alternate access system to the island are (1) we can access our properties if the ferry system fails, and (2) we can reduce the current and future demand on our ferry system by giving people options.

Consider a passenger ferry system. With a Frye Island parking lot on the mainland and a passenger ferry to the island, we would be able to park our cars on the mainland and still gain access to the Island. Islanders would maintain access to their properties if the ferry system happens to become disabled. We might even find ourselves improving life on Frye Island because we would have options. Today we are totally dependant on the ferry for access to the island. Parking on the mainland combined with a passenger ferry and a public dock could prove to be much more convenient for islanders than the current system.

In recent years we have started to feel the effects of island growth on the Ferry, in that wait times are growing as our population grows. We can consider expanding the existing ferry system or look at alternate ways to access the island. Perhaps this is the time for us to consider other options.

Water System: For many years there has been a considerable amount of discussion on the public water system. More specifically, these discussions concerned our ability to provide an acceptable amount of quality water to all current homeowners plus have a sufficient capacity to furnish water when we have 750 homes. The system was evaluated a few years ago. We essentially divided the system into three components. **1.** The intake system consisting of the equipment that takes the raw water from the lake and delivers it to the treatment system. **2.** The treatment system consisting of the filters, pumps and purification equipment; and **3.** The distribution system consisting of the piping, valves and equipment necessary to deliver water to each home on the island. It was determined that with the addition of a larger pump, the intake system would be able to provide a sufficient amount of water to the system. It was also determined that the distribution system worked for the current homes. Not very well, and because of its age and rate of failure would need upgrading. But the treatment system was not adequate for the existing homes let alone any future needs. Therefore, the treatment system became our priority and with a \$500,000 loan from the Maine Bond Bank, we upgraded that system 2 years ago. In the very near future, we will have to consider tackling another section of our system. I am now looking into material and installation costs to put an estimate together. I will keep you informed.

Boating: I ran this last year and it seems it is needed as a reminder again this year. Please be considerate and help everyone have a safe and enjoyable boating season. In case there are any questions, I would like to summarize a few of the laws and definitions found in the 2005 State of Maine Boating Laws.

Definitions:

- **Water Safety Zone:** “Water Safety Zone” means the area of water within 200 feet of any shoreline, whether the shoreline is of the mainland or of an island. Remember this, as it will be mentioned in upcoming General Laws.
- **Motorboat:** Motorboat means any watercraft equipped with propulsion machinery of any type.
- **Personal Watercraft:** “Personal Watercraft” includes but is not limited to a jet ski.

General Laws:

- **Swimming Area:** A motorboat shall not be operated in an area marked or buoyed for swimming.
- **Speed Regulations:** Watercraft may not be operated at a speed greater than headway speed while within the water safety zone. (Remember the definition).
- **Age Requirements:** A person under 16 years of age may not operate personal watercraft, which includes jet skis.
- **Water skiing:** A watercraft towing a person or persons on water-skis, surfboards or similar devices shall not operate within the water safety zone. It is lawful to pick up and drop off a skier in the water safety zone but this must be done as directly as possible. In addition, the operator must consider the effect of the wash and waves created by their watercraft to waterfront piers, floats, other property, shorelines and people.

Copies of the “State Of Maine Boating – 2005 Laws and Rules” are available in the office or can be reviewed on line at www.mefishwildlife.com

Beaches: I have received a number of complaints about dogs on the beaches. Last year, the beach committee established rules for the beaches that were approved by the Executive Committee. These rules are published elsewhere in this issue of the FINS. I have also heard that someone has been tampering with the swim area buoys and ropes. I remind you that this is illegal and violators can be fined. The beach rules and swim areas are intended to help provide a safe and enjoyable place where all Islanders can enjoy Frye Island at its best. Please be considerate of your neighbors and read and abide by these rules and leave the swim areas alone. If you won't, I will ask our police officer to enforce them.

Beavers: We have received permission from the State Biologist to start trapping the beaver. We have also been in contact with the DEP to get permission to remove the lodge(s). The trapper is starting in the Quail Circle / Island Road area first. He will then move to the Marina. A note of interest (maybe); we asked if these beaver could actually be swimming over here from the mainland and was told that they have actually tagged beaver in Nova Scotia, Canada and found them in Maine. He said they swim down the rivers, into the ocean and down the coast. Based on that, I would say the swim from the mainland to the island would be considered a short one for a beaver.

Signs: Signs are beginning to appear all over the island again and the covenants strictly forbid it so if you have a sign in front of your property, please have it removed as soon as possible. If not, I will have to have the police officer remove them. I have attached a portion of the covenant for your review.

2. No "For Rent", "For Sale", or other signs or notices except signs identifying the parcel and/or the owner thereof shall be placed, erected or maintained on the land conveyed herein without prior written consent of the grantor, its successors, and assigns; and upon any violation of this provision the grantor, its successors and assigns, shall have the right to enter upon the land and to remove such sign or notice.

Your cooperation is appreciated.
Thanks, and have a safe week!
Wayne

Planning Board Meeting

Saturday, July 22nd, 2006 at 8:30 AM

Community Center

Agenda – Working Meeting

1. Minutes and Correspondence
2. Old Business
 - Board Discussion of Growth Ordinance
 - Review of Current Status
 - Written Ordinance
 - Growth Permit Application
 - Current Effectiveness vs. Original Objectives
 - Intended/Unexpected Impact
 - Other Issues
 - Public Comments
 - Review of Comprehensive Plan
3. New Business
 - August Meeting Schedule

Please send requests for additional agenda items to Paul Peterson. This is a public meeting, and the public is urged to attend.

Board of Selectmen / EC Meeting

The July 15th BoS/EC has been postponed. It will be held on Saturday, July 22nd at 9:00am at the Community Center.

Zoning Board of Appeals

Meeting Notice

Friday, July 21, 2006 at 7:00 P.M.

Community Center

Working Meeting:

Open to the Public

Comprehensive Plan Committee

Saturday, July 15th, 2006 at 8:30AM

Community Center

The Planning Board must update the Town's Comprehensive Plan this year. Several people have begun working on the Plan updates. But, much more is needed. This work is separate from the normal Planning Board business. The Board has scheduled a Comprehensive Plan meeting on Saturday, July 15th, 2006 at 8:30am at the Community Center. Please come and volunteer to help in this effort. This is a public meeting, and the public is encouraged to attend.

Long Beach Marina

We have one annual renewable slip and one general rental slip available for the 2006 season. Please let the office know if interested.

Beach Committee

The new Beach Rules are as follows:

1. No open fires on beaches (*) already an ordinance
2. No camping overnight on beaches
3. No personal items left on beaches overnight
4. **No Dogs** on beaches between the hours of 10:00am to 5:00pm. (Must clean up after your dog(s)).
5. No powered watercraft left, or tied, up on beaches. Pick-up and drop offs only. (All power boats on Long Beach must have a Frye Island sticker).
6. Canoes, kayaks, rowboats, and paddleboats must be pulled up beyond sandy area, racked, or in designated areas only.
7. No littering. Use trash containers provided.
8. Moorings must be out beyond swimming areas, and must not cause interference with swim area barriers.

Frye's Leap General Store & Café

655-4256

Frye's Leap General Store and Café is now operating on our full schedule, which will be as follows for the remainder of the season...

General Store Hours

Saturday	8AM – 10PM
Sunday	8AM – 9PM
Monday	8:30AM – 9PM
Tuesday	8:30AM – 9PM
Wednesday	8:30AM – 9PM
Thursday	8:30AM – 9PM
Friday	8:30AM – 9PM

Frye's Leap Café Hours

Saturday	8AM – 10PM
Sunday	8AM – 9PM
Monday	11AM – 9PM
Tuesday	11AM – 9PM
Wednesday	11AM – 9PM
Thursday	11AM – 9PM
Friday	11AM – 9PM



As always, Frye's Leap will be serving breakfast on Saturday, Sunday and selected holidays, 8:00AM – 11:00AM.



Leisure Lounge

Fairway Lane (next to the golf pro shop)

655-3551

Air Conditioned

Open to the Public

Hours:

Monday - Thursday: 8:00 AM – 8:00 PM

Friday - Saturday: 8:00 AM – Midnight

Sunday: 7:30 AM – 8:00 PM



Enjoy satellite reception on our 42" plasma TV.

Full Bar

Beer, Wine, Mixed Drinks

\$3.00 Root Beer Floats

Complimentary Coffee

Snacks

\$5.00 Pizza

\$1.00 Hot Dogs

Complimentary Popcorn

Forgot breakfast? We now have breakfast sandwiches.

Another delicious (sold out) dinner was served at the clubhouse. A lot of time and preparation goes into these dinners.

Thanks to Paul Lyons & Jim Kuiken for cooking the turkeys and thank you, Lorraine Lyons, Margaret Miner, Sue

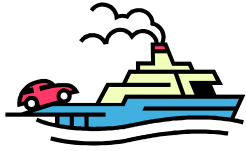
Nisulsa, Bev Vaillancourt, & Karen Spring for preparing and serving the rest of the meal.

A note about the Labor Day Dinner Dance

As you know we have a Dinner Dance scheduled for September 3 - the theme is "A Casual Evening with the Mafia" - See Page 9 of the FINS for more information.

Unfortunately, we have had very few people sign up. As there is a considerable amount of planning required, if we don't get a significant increase in the number of attendees within the next couple weeks, we will be forced to cancel the dinner.

Sooooooooo, if you are interested in attending the dinner, and have just been practicing the time honored Frye Island tradition of procrastination, this is the time to sign up at the office or the golf course.



Ferry News

655-4258

This Week's Ferry Schedule

	First Ferry	Second Ferry
Saturday	7 AM - 1 AM	10 AM – 6 PM
Sunday	7 AM - 10 PM	12 PM-8 PM
Monday	6 AM - 10 PM	7 AM-9 AM 3 PM-5 PM
Tuesday	7 AM - 10 PM	7 AM-9 AM 3 PM-5 PM
Wednesday	7 AM - 10 PM	7 AM-9 AM 3 PM-5 PM
Thursday	7 AM - 11 PM	7 AM-9 AM 3 PM-5 PM
Friday	7 AM - 12 Mid	7 AM – 9 AM 2 PM – 10 PM

Frye Island Ferry Service

Please pick up a new 2006-ferry schedule at the office or the ferry trailer, and note any changes. Also, remember that the second ferry LEAVES THE ISLAND at 7 am Monday through Friday.

We Want Your Input

Please direct any ferry complaints, suggestions or compliments to John Crosby at 655-7493 or at fidpw@pivot.net

Ferry Tickets

We have been asking all our residents to please include on the back portion of your tickets (the section the cashier collects) – Property Owner Name and Lot #.

Volunteers Wanted

The ferry service is looking for a few good islanders to work as deck crew, boat captains or captains in training. Earn valuable ferry passes while helping your community. If interested call John Crosby at 655-7493 or email at fidpw@pivot.net

Are You On Time?

Did you miss the boat by seconds? Don't get mad, check the outside clock on the end of the ferry trailer, the ferry service strives to be an "on time" service and departs according to the "radio controlled" clock on the trailer. If the ferry is still within the slipway and the boat deck can accept an additional vehicle, without rearranging said vehicles, the captain will return to load you (this does not apply when two boats are running).

Contractors

The ferry will allow commercial vehicles to use the ferry during pre and post season weekends, (with some restrictions). Please get a new ferry schedule that lists these restrictions.

Remember that concrete trucks and oversize loads need to have prior clearance or they must wait until they can be transported without "bumping off of the ferry a property owner". Call the office to make arrangements.

Let us have a great season and thanks for your anticipated cooperation.



Fire Department

Fire Barn: 207-655-8618

FIRE CALLS FOR THE PAST WEEK

- * Investigate smell of smoke (unattended chiminiera)
- * Burning tree on power line
- * Golf cart in ditch (underage driver)

POWER LINES ARE DANGEROUS

One of the calls that the Frye Island Fire Department responded to was a tree fire on a power line. When FIFD arrived on the scene an individual visiting on the Island had pushed the tree off the power line. He stated he felt some tingling in his body when he pushed the tree. This was a very dangerous move on his part, as the tree was touching the top or primary line that is carrying 12,000 volts. He was a very lucky person that night - if the tree, his hands or shoes were wet it probably would have been instant death. If you see a tree on a power line **DO NOT GO NEAR IT** as there is potential for electrocution. Like Central Maine Power states in their TV ads, **NO LINE IS SAFE EVER.**

What is a power outage?

A power outage refers to those times when regular electric service has been interrupted by damage to power lines or power stations due to storms, floods, land slides, earthquakes, and so on. During a disaster situation, electric power can be out for days or weeks.

What should I do if the power goes out?

- Keep a flashlight and other emergency supplies handy in case of power outages.
- Check the fuse box to see if there is a blown fuse or a tripped circuit breaker. Sometimes the power outage will be limited to your own home.
- If you determine that a fuse or circuit breaker needs to be replaced, turn off all large appliances or unplug them before replacing a fuse or a breaker to avoid damage to the electrical system.
- Check your neighborhood to see if others are without power.
- Call to report the power outage. Call only once to keep the line open for other customers.
- In a severe emergency or disaster, expect electric power to be out for several days. In such an event, consider relocating to a shelter or to a friend's home where heat and power are available.
- **WARNING:** Never use charcoal, gas, or propane heaters indoors. Doing so can lead to carbon monoxide poisoning. These can also increase the risk of fire.

What should you do when you see damaged or downed power lines in your neighborhood?

- Don't get near any fallen or sagging power line.
- Call the utility company about the line.

What should you do to protect your electric appliances from electrical power surges when the power returns?

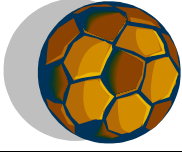
- Sometimes when power is restored, power levels can vary considerably. This variation can damage electrical appliances.
- Turn off the lights and electrical appliances except for the refrigerator and the freezer.
- After you have turned off the lights, go back and turn on one single lamp so that you will know when the power is working again.
- Wait at least 15 minutes before turning on the remaining appliances after the power has been restored.

What about people who are using life support equipment at home?

- People who depend on electrical equipment to treat a health problem should have a plan in advance of a power outage.
- In some cases, this may mean purchasing a back-up power supply such as a generator or going to a health care facility that has back-up power.
- People who use life support equipment should register with the local utility. When they do this, the utility will make them a top priority for power supply repair and restoration.

How should I use a power generator?

- For your safety, always follow the manufacturer's instruction on the use of power generators.
- Since most generators are powered by gasoline and can generate carbon monoxide gas, run them outdoors where the fumes will not cause illness.
- Power generators should never be plugged into your home's main electrical panel as this may result in serious injury or death to utility personnel working to restore power.
- Instead, plug the generator directly into the appliance you wish to use during the outage.



Activities & Recreation

Recreation Chairperson: Andrea Sansonetti

Garden Club

The Garden Club met on June 17th and was honored to have as their first guest speaker of the year, Pipsa Amato, speaking on the care of orchids. Pipsa was not only very informative and generous with her time answering questions, but also delighted members with anecdotes of her profession. She and George distributed orchids to the group. Thank you, Pipsa and George, for a memorable morning.

If you are interested in being an officer in the garden club, please contact Claire at 655-7730 or Maria at 655-4714. We are always interested in new ideas. This is a wonderful means to make new contacts on the island.

On July 22, Bob Keup, (brother of Bill) will be our next guest speaker. Bob Keup is the president of the N.Y. Iris Association. Bob will speak about Irises.

Remember to Bobbex. After all this rain, I returned to the Island only to discover that the deer held a pow-wow in my garden. The Hosta must have been the appetizer.

For Bobbex, call Claire at 655-7730.

Frye Island Chapel

Established 1988

Weekly Non-Denominational Services are held every Sunday morning at the Community Center from 9:00 to 9:30AM. All are welcome. Dress is casual.

Services: May 28th thru October 8th, 2006

Chaplains: Rev. Richard Peterson, Ph.D.
Rev. A. Theodore Ekholm

Good News About Sunday Mass

Come hear Father John Tokaz, a Franciscan/Capuchin from St. Joseph's College, describe the timeless relevance of the Gospel. He will celebrate the Mass at 5 PM every Sunday during July and August in the Community Center Chapel.

Book Group 2006

The following titles will be read and discussed in 2006: All islanders are welcomed to join us on the following dates, 7:30 PM in the Community Center Library.

- "A Walk in the Woods" by B.Bryson – July 17th
- "Disgrace" by J.M.Coetzee – August 7th
- "State of Fear" by M.Crichton – August 28th

Community Center Reminder

If you or your organization wishes to use any room in the Community Center, you must fill out an application. There is no charge for town sponsored organizations. This helps prevent double bookings and allows the office to have official information when inquiries are made. Thanks in advance for your cooperation.

Labor Day Dinner Dance

A casual evening with the Mafia.

Sunday, September 3rd, 2006

The evening will begin at 5:30 with cocktails and dinner.



A Casual Evening with the Mafia.

Sunday, September 3rd, 2006

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BUFFET MENU

Al Capone's Appetizers
Sam Giancana's Italian Wedding Soup
Don Corleone's Caesar Salad
Lucky Luciano's Porketta
Frank Niti's Shrimp Scampi
Bugs Moran's Pasta
Tony Soprano's Italian Bread
Eliot Ness' Dessert

After dinner there will be dancing with the live band - Annie and the Orphans (annieandtheorphans.com)

Admission is \$30 per person. Reservations can be made at the office or Leisure Lounge.

BINGO.....BINGO.....BINGO

Sorry, BINGO is cancelled until further notice.

Ceramics Classes

Ceramics will begin on Friday, July 7th from 6-8 pm at the Community Center. Sessions throughout the summer will be on Tuesday's and Friday's held in the Teen Room at the same time and location.

Community Center Hours

Recreation Director: Candace Coville

Friday, July 14th	11:00AM – 3:00PM 9:00PM – Midnight: Teen Night
Saturday, July 15th	10:00AM – 2:00PM 2:00PM – 4PM (BLINGO) 7:00PM – 9:00PM CAPTURE THE FLAG
Sunday, July 16 th	11:00AM – 4:00PM FAMILY MOVIE NIGHT 7PM
Monday, July 17 th	CLOSED
Tuesday, July 18 th	1:00PM – 4:00PM 7:00pm-PICK UP SOFTBALL/BASEBALL
Wednesday, July 19 th	11:00AM – 3:00PM 7:00PM – 9:00PM PICK UP SOCCER
Thursday, July 20 th	11:00AM – 3:00PM TEEN MOVIE NIGHT 8PM

The Rec Center will be hosting a 2 on 2 basketball tournament

When: Saturday, July 22nd
(rain date July 23rd)

Where: Frye Island Community Center

Time: Starts at 8:30 am or 9:30 am (see Registration form for details). Registration sheets should be sent to 203 Leisure Lane, or to the Recreation Center when Candace is working.

Fee: \$15 per person

All proceeds go to Frye Island Rescue and Fire Department. Prizes will be awarded!

Volunteers needed!!

Sign up sheet posted in the Post Office. Questions call Candace 655-7563.

Story Time

PRE-SCHOOLERS AND MOM

Come to the Community Center for a Story and a craft with Miss Anne.

When: Tuesdays at 11:30am on July 11th, July 18th, July 25th

Children must be accompanied by a parent, guardian, grandparent, or caregiver! Thank you.

Buy Your Swim Pack!

A package includes: Super kickboard, Mesh bag, Goggles, Swim aids (swimmies), Nose-plug, Waterproof case (All for \$15) See Candace at the Rec Center!

Please contact the REC Center for any suggestions, comments or questions at 655-3893.

Soccer Skills and Fun

Nicole Wagner, D-Licensed coach, will once again be offering soccer skills training sessions. Come join the fun, ages 5-13! We will work on foot skill, fundamentals of the game, and playing as a team in scrimmages. The camp will be running the week of July 17th on Monday, Tuesday and Friday from 4:30-6:00 pm. The cost will be \$25 per week per child. Please call Nicole at 655-2583 to reserve your spot. If you have a ball, please bring it with plenty of water. Hope to see you there!!

Nicole is also available for private coaching sessions through August 10th. Please call if interested.

Mushroom Walk – August 6th

Plan to join us on Sunday morning, August 6th to participate in the Walk through our woods with members of the Maine Mycological Association. It should be fun and interesting to collect as many varieties as possible for a little over an hour and then return to the Community Center to identify them.

We suggest you bring a gathering basket and a brown bag-lunch (drinks will be provided). We can have lunch and listen to our guests identify and inform us about the mushrooms collected. Walk will begin at 10:00AM at the Community Center then returning about 11:30AM.

The walk will not be cancelled due to rain. We will still meet at the Community Center at 10:00AM (rain or shine). IF RAINING...bring whatever mushrooms you have in your yard and we'll stay at the Center and listen to our guest experts. It should be great fun and a worthy endeavor. Hope you will join us. Everyone is welcome!

Tie Dye

We have T-shirts and bandanas available to dye or bring your own!! Be creative and bring new or old shirts, towels, sheets, socks, bags or any other whites. Learn how to tie-dye every Friday starting July 7th. Join us at the Community Center from 1:30 to 3:30. The cost will be \$8 to purchase a shirt, or \$4 per person if you bring your own item, plus \$2 for each additional item. Make sure to wear old clothes, as you will be likely to get dye on them!! If you have any questions, call Nicole Wagner at 655-2583. See you there!!!

Need Swim Lessons?

Interested in Swim Lessons call Candace Coville at 655-7563. Division I Swimmer, The University of Maine (Orono). She has taught swimming at school and on the Island for 3 years! Half hour session fee is \$10.00, and \$15.00 for an hour.

The Frye Island Library

The Frye Island Library is open to the public any time the Community Center has an activity. Fiction and non-fiction books for children and grown-ups are available on the honor system. Due to limited space, abridged novels, magazines, audio-visual materials and duplicate books are not stored.

Junior Tennis Lessons

Lessons will be held on Thursdays at Lancaster Loop Courts (off Highpoint Dr. next to the pool). Dates are as follows: **July 20th to the 27th.**

Age	Time	Cost
7 to 9	9-9:50am	\$10:00
10 to 12	10-10:50am	\$10.00
5 to 6	11-11:50am	\$10.00

(If private lessons are requested, please call Anne Archer-Johnson at 655-7393, or leave a message with Candace Coville at the Community Center at 655-3893).

New Yoga Schedule

Come join Amy Wagner, RYT, for Yoga this summer in the chapel of the Community Center. All classes are \$7, with yoga mats, and all supplies available at no extra charge. Call Amy at 655-2583 with any questions.

Class Descriptions and Times

GENTLE: Thursday at 9:00 am

Develop self-awareness with a slower paced class. Focus on gentle stretching to increase mobility, standing poses to develop strength & stability, and breathing techniques to enhance relaxation & clarity of mind. This class is great for beginners and anyone wanting a slower practice.

BASICS: Wednesday 7:30 am, Saturday 9:00 am

This class is for beginning and continuing students to help deepen your understanding of the fundamentals of alignment and breath work. Basic yoga postures will be taught with emphasis on strength and flexibility and introducing intermediate poses. Variations will be given to suit your needs.

FLOW: Tuesday 9:00 am, Friday, 7:30 am

Dynamic movement, longer holds, more advanced postures. Strengthen the mind/body connection by linking breath with a series of dynamic postures.

RESROTATIVE: Friday 9:00 am

Nurture yourself. Use the support of props to relax deeply and release residual tension, in turn restoring the body's natural balance and harmony. This class is a compliment to your other practices and a perfect remedy for a busy life. Poses are held for a period of time 5-15 minutes, restoring the body's natural balance and recharging the nervous system.

ADULT EDUCATION ON FRYE ISLAND

Anne Johnson will instruct adult tennis clinics July 18th, 25th and August 1st, beginning at 8:30AM at the Cabana Courts. Cost is \$3.00 as this is sponsored by SAD #6 Adult Education. Anne will also instruct kids tennis Thursday mornings in July. Please call Anne for other adult classes you would like to see happen this summer, and also with talents you can share. Call 781-801-0959, or 655-9373 with any questions.

anniecharrette@yahoo.com

A Boat and Water safety course with Paul Bourque is planned for July 15th from 9:00-11:00am at the Fire Barn. Please sign up and pay \$6.00 at the office. Also please sign up if you have an interest in an Advanced Boating and Navigation workshop later in the summer.

~ Watercraft Safety ~

By Paul Bourque

This is a two hour course geared to the audience which will give participants exposure to the rules of boating, potential hazards and how to get out of a potentially hazardous situation.

Saturday July 15, 2006

9:00 AM – 11:00 AM

Held at the Fire Barn

Registration: \$6

Register at the Town Office

Questions: Call Annie @ 655-3331

~ Advanced Boating and Navigation workshop ~

Details to follow

Register at the Town Office

Questions: Call Annie @ 655-3331

~ Adult Tennis Drills ~

Tuesdays at Lancaster Loop

Courts (off Highpoint Dr., next to pool)

When: July 18th, 25th, and August 1st

Time: 8:30 – 9:30am

Cost: \$3.00 per person – **PAY** on Tuesdays at Adult Tennis Drills

Expect: Stretches, agility activities, and drills. The class is offered through the Standish Adult Education (SAE).

Thank You To Our Friends from the Nolens

It's not all that often in this world anymore, that a group of people in a community will band together and "be" a community. I've been in many a small town and city and have more and more found that the old, "know your neighbor" mentality seems to have turned into a thing of the past. But there is one place; I can always go to find that feeling, to find that connection that I miss from my childhood. Frye Island is that place.

Our father was in love with the island from the first time he stepped foot on it! His best friends Steve and Inez Kaplan, opened their Frye Island home to us for vacations and then in 1980 Dad jumped on the opportunity to own a little house on Leisure Lane. That beloved space is known to everyone as "Nolen's Nuthouse".

After Dad "retired" from his career with UPS, his involvement with the island community grew, as did his affection for all those on the island. He became intensely involved with the development of the township and the birth and growth of the Frye Island Volunteer Fire Department. Later, he became a full time employee of the DPW and got to know more and more of you. Many, if not all of you became his friends, his coffee partners and his confidants.

Our father passed away this past December to our shock and grief. The loss has been enormous and the healing is still in process, however on Saturday July 1st, you, the people of Frye Island, gathered with our family to pay tribute to our Father. Many of you had also traveled to support us in Massachusetts in December, and all of those faces were again with us the 4th of July weekend. The bench dedicated to our Dad is beautifully inscribed and noted the title that our father took enormous pride in, Lieutenant Don Nolen, Founding Father of the Frye Island Volunteer Fire Department.

We wanted to take this brief moment and thank you all, First for being there for our families during this very difficult time, second for the donations made in our father's name to various locations including the Frye island Fireworks Fund (Dad loved the fireworks), But mostly, we want to thank you for giving our father a place to call home, a focus for his passions and most of all a wonderful group of people to call friends. Thank you for adding so much to our father's life and for the remembrance to allow him to live on in his place on Frye Island.

Sincerely,
The Nolen Family

An Open Letter to the Residents and Visitors of Frye Island

When I arrived at the ferry landing and had to wait in line I walked up to a man in line and started asking him all kinds of questions. This gentleman (Mike) was so patient with me. He could tell I was from out of town. He took the time to answer all my questions. Turned out he was one of the ferrymen (I didn't know that until several days later). I had come to pay tribute to my brother Donald Nolen (lot 34 & 35). When we got off the ferry a lady with a dog said " Good Afternoon ". Then an unknown man at the store helped me find my way. As the days progressed so many people came up to me and said how glad they were to meet me. Day after day people waved as we drove by (they didn't know me) but they were all so friendly. Day after day everyone we came in contact with were so nice, helpful, friendly. We were shocked. Did people like this still exist we asked ourselves? Yes they did! There was a whole island full of these people. Where did they come from? Why were they so nice? No one pushing you out of line; no one yelling at you to move your car, drive faster or drive slower.

The day of the open house, at the fire department, so many people showed up to support the fire department and to witness the dedication of the bench to my brother. Had my brother gone to heaven, or had he left it?

To Laura, Don, John, Karen, Mike, to all those unknown people, and the whole Nolen family, I MUST say **Thank You, and God Bless you all. But, I believe he already has.** I will never forget the day I went to heaven. They call it Frye Island. A special thanks to Mr. Steve Kaplan.

Until we meet again our heartfelt thanks to all the residents and visitors of Frye Island.

Mr. & Mrs. Gary E Nolen, Tampa, Florida.



Frye Island Golf Club

655-3551

Open to the Public

Fairway Lane

Hours

Monday - Thursday: 8:00 AM – 8:00 PM
Friday - Saturday: 8:00 AM - Dusk
Sunday: 7:30 AM – 8:00 PM
(Weather permitting)

Tee times are highly recommended, especially on the weekends.

Greens Fees

Weekday: \$18.00
Weekend and Holidays: \$30.00
Twilight (after 5 PM): \$13.00
Weekday Youth (16 and under): \$10.00
3-day weekday pass: \$45.00
Week-long unlimited golf pass: \$100.00

Cart Rentals

Gas Cart:
9 Holes: \$16.00
18 Holes: \$26.00
Pull Cart:
9 or 18 Holes: \$4.00
Club Rentals: \$12.00

Memberships are now past due

If you are interested in becoming a member, come by the clubhouse to join.

Family membership: \$810.00
Single membership: \$540.00

Pro Shop

We have an assortment of golf balls, gloves, putters, hats, jackets, and shirts. If there is something you need and we don't have it in stock, we will try and order it.

Club Championship

Qualifying round must be completed by July 17th.

Tentative Tournament Schedule for 2006

June–August	Club Championship
July 29	Night Golf
August 5	Rally for a Cure
August 19-20	Member/Guest
September 2	President's Cup
September 8-10	Sebago Lake Escape
September 30	Shoot Out
October 8	October's Best

Need Golf Lessons?

Ron Vallancourt, PGA Golf Professional, will be giving golf lessons, on Mondays, at the Golf Course.

Ron has been a Golf Professional for over 35 years, and is a resident of Frye Island. One of his specialties is that of a teaching pro. Lessons will be by appointment. Call 655-2313. Rates: ½ hr. lesson \$40.00, 1 hr. lesson \$60.00.

Independence Tournament Results

1st Place \$100.00 – Mark Thomas
2nd Place \$75.00 – Mike Mazzola
3rd Place \$50.00 – Phil Spring
4th Place \$25.00 – Steve Daigle
Closet to the Pin \$25.00 – Tom Burgess

Sunday Morning Scramble

Every Sunday morning, tee off at 8:00am, with sign up at 7:30am.

Sunday, July 9th Scramble Results

1st Place Team \$28.70 each:

George Greenwich

Jim Hirsch

Brian Riley

Carl Hommel

Kent Anson

2nd Place Team \$12.30 each:

Bruce Nisula

Greg Tedford

Glen Keith

Dave Witham

Bob Giggey

Closest to the Pin \$41.00

Peter Karpacz

NIGHT GOLF – SATURDAY EVENING



Are there not enough hours in the day to play your favorite game? Why not extend it to the night with our upcoming Night Golf Tournament! This event is open to all – so bring your guests to play as well.

Yes, we're bringing back the Night Golf Tournament! We've heard how much fun this tournament has been in the past, and we're looking to bring it on back.

TIME: 8:00 pm – Social (dessert and rules)

TEE OFF: 9:00 pm

COST: \$10.00 per player + any applicable green fees. (Includes one glow ball, optional additional ball \$5.00 each)

FORMAT: Scramble

Space is limited, so please sign up now at the clubhouse. For more information, contact Don or Laura Davis (508-878-6783 cell or 207-655-7267 island)

Rally for a Cure

Saturday, August 5

Traditionally, we've had the Rally for a Cure golf tournament for women only, but this year, we're opening it up to men. Why? We realize that breast cancer affects both men and women-physically and emotionally. This is a fundraising event, which needs your support. Our goal is to get a minimum of 50 players. If you can't join us for golf, how about lunch? We'd love to have you participate in this fun event, but if that's not possible, please consider making a donation to this worthwhile cause.

The event is being held Saturday, August 5. Entry fee for this event is \$15.00, with checks payable to the Rally for a Cure. The luncheon that follows will be \$10.00 (with proceeds being donated to the Foundation.) Donations should be made payable to the Susan G. Komen Breast Cancer Foundation.

We'll have a welcome/rules meeting at 8:45 am, with tee times starting at 9:15. Additional ways to contribute to the cause will include participation in a Chipping Clinic, Tie a Pink Ribbon (a fun way to improve your lie without penalty), Straight Drive Contest, and of course, Mulligans. This should be a lot of fun.

If you have questions, please contact Laura Davis at 508-787-6783 (cell) or 207-655-7267 (Island).

Sign up now at the clubhouse

7th Hole Improvements

Last Sunday, we had a number of people who came and helped fill in potholes on the 7th hole, so driving your golf cart or walking through would be safer. Additionally, a number of divots were filled and more brush was cleared from the 2nd and 7th hole.

Thank you to the great number (too many to count individually) who took time to help.

July 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 1pm Bench Ceremony 9am Garden Club @ CC 9:00a FII Annual Stockholders Mtg @ CC Dusk – Fireworks @ Long Beach Marina
2 9:00a Chapel 10:00a Walk/Run Race 1:00p Boat Bldg @ Recreation Beach 5:00p Sunday Mass 6:00p Ice Cream Social @ CC Rain date - Fireworks	3 Rain date Boat Show & Races @ Recreation Beach, 1PM	4 Rain date Boat Show & Races @ Recreation Beach, 1PM	5 9am Hatha Yoga @ CC 7pm Pickup Soccer @ Ball Field	6 9am Gentle Yoga	7 9am Hatha Yoga 1:30pm Tie Dye @ CC 6-8pm Ceramics @ CC 7:00 BOS/EC @ CC	8 8:30am Planning Board Meeting @ CC 9am Hatha Yoga 9am Garden Club Meeting @ CC 7:00p Capture the Flag
9 9:00a Chapel 5:00pm Sunday Mass	10 4:30pm Soccer Skills	11 8:30am Adult Tennis @ Lancaster Loop 9am Gentle Yoga 9:00am Kids Tennis 4:30pm Soccer Skills 6-8pm Ceramics @ CC	12 9am Hatha Yoga @ CC	13 9am Gentle Yoga	14 1:30pm Tie Dye @ CC 4:30pm Soccer Skills 6-8pm Ceramics @ CC	15 8:30am Comprehensive Plan Committee Mtg @ CC 9-11am Boat & Water Safety CI @ Fire Barn 7:00p Capture the Flag
16 9:00a Chapel 5:00pm Sunday Mass	17 4:30pm Soccer Skills 7:30p Book Group @ CC	18 8:30am Adult Tennis 4:30pm Soccer Skills 6-8pm Ceramics @ CC	19	20 Junior Tennis Lessons thru the 27th	21 1:30pm Tie Dye 4:30pm Soccer Skills 6-8pm Ceramics @ CC 7pm Zoning Board of Appeals @ CC	22 8:30a 2 on 2 Basketball 8:30a Planning Board 9:00a BoS/EC @ CC 9:00a Garden Club 7:00p Capture the Flag
23 9:00a Chapel 5:00pm Sunday Mass	24	25 8:30am Adult Tennis @ Lancaster Loop 6-8pm Ceramics @ CC	26	27	28 1:30pm Tie Dye 6-8pm Ceramics @ CC 7:00 BOS/EC @ CC	29 7:00p Capture the Flag 8:00p Night Golf
30 9:00a Chapel 5:00pm Sunday Mass	31					